

SESSION MAY LAST UNTIL EARLY FALL

Unlikely Congress Will Adjourn Before Sept. 1.

MANY ISSUES TO BE SETTLED

Some Think Houses Should Meet Until War Ends.

Congress will be in Washington until the day dawns and then some, in the opinion of the wise ones about the Capitol who have been watching the ways of the solons for these many years.

When the session first opened, it was common talk that it would end before June 1. Then the date was shoved ahead to July 1. Now, some of the more optimistic talk of August 1. The less optimistic predict September 1, and some of the least optimistic say the extra session will run into the regular one next December. While the extra session will probably not continue through the fall, it is probable that it will not be wound up until well along in August. The latter part of August in recent years has been a favorite time for closing the session, and this year history may repeat itself.

May Remains During War. On the other hand, there is unquestionably a strong sentiment in Congress in favor of remaining in session practically without interruption while the war lasts. Many have suggested disposing of the most urgent business and then taking a short recess and reconvening.

The developments of the extra session of Congress, the war session, thus far have shown that new problems are continually arising which have to be met. For this reason, it is by no means impossible that the session will reach far into the fall.

For instance, at the outset of the session, there was little serious expectation that he aeronautic question would come up as one of the most

important before Congress. That matter was not taken into account except in the sense that it was expected there would be a large appropriation in connection with army and navy budgets.

Cost Control New Issue. Government control of coal and metal prices is a new issue which has lately become acute in Congress and no doubt will be met.

Other propositions might be mentioned which have arisen or will become prominent though they were little heard of at the outset of the war.

The more the United States becomes involved in the war, the more new legislation questions of importance may be expected to force themselves to the front.

Remaining for consideration in the way of first-class legislative matters before Congress in the original program of the Administration are the food control bill, the war tax bill, and the Webb export bill.

Probably not far from two months will be required before all these measures will be enacted. The food control bill will consume the rest of this month and probably more in the Senate. On the war tax bill the Senate will need a month for discussion. I probably will take six weeks to pass it through the Senate and then adjust differences in conference. It may even take longer than that in view of the radical differences between the House bill and the Senate bill.

KILLED BY WOMAN

IN BREAKFAST ROW

Man Shot During Quarrel Over Delayed Meal.

Fred Truman, colored, twenty-five years old, of 6 Pierce court southwest, was shot and killed early this morning during a quarrel with Julia Brown, twenty-two, also colored, with whom he had been living.

The woman told the police that Tru-

man came home drunk and started to abuse her for not having his breakfast ready. She said he knocked her down and said he was going to kill her. He drew a pistol from his pocket, but before he had time to aim, she grabbed it and it was discharged, she said. The bullet entered his left breast, killing him instantly.

The woman was arrested an hour after the shooting took place at the home of her brother, 334 L street southwest, by Policemen J. T. Jackson and J. C. Calhoun. She was charged with murder.

BLAST IN WAR PLANT.

LONDON, June 24.—A munitions explosion at Bloeweg, Austria, killed 136 persons and wounded 625, and 170 are missing, it was announced in the Reichsrath, according to an Amsterdam dispatch today.

TODAY'S AID TO BEAUTY

Hair is by far the most conspicuous thing about us, and is probably the most easily damaged by bad or careless treatment. If we are very careful in hair washing, we will have virtually no hair troubles. An especially fine shampoo for this weather, one that brings out all the natural beauty of the hair, that dissolves and entirely removes all dandruff, excess oil and dirt, can easily be used at trifling expense by simply dissolving a teaspoonful of canthrox (which you can get at any drug-gist's) in a cup of hot water. This makes a full cup of shampoo liquid, enough so it is easy to apply it to all the hair instead of just the top of the head. This chemically dissolves all impurities and creates a soothing, cooling lather. Rinsing leaves the scalp spotlessly clean, soft and pliant, while the hair takes on the glossy richness of natural color, also a fluffiness which makes it seem much heavier than it is. After a canthrox shampoo, arranging the hair is a pleasure.—Adv.

MOUNT ALTO INN

Grass, trees, flowers; breeze; cool; quiet; restful. Call West 1555.

"Anaemia--Lack of Iron--Is Greatest Curse To Health and Beauty of American Women"

Says Dr. Ferdinand King, New York Physician and Medical Author

Any Woman Who Tires Easily, is Nervous or Irritable, or Looks Pale, Haggard and Worn, Should Have Her Blood Examined for Iron Deficiency.

Administration of Nuxated Iron Will Increase the Strength and Endurance of Weak, Nervous, Careworn Women 100 Per Cent in Two Weeks' Time in Many Instances.

THE CHILD'S APPEAL



Mother, why don't you take NUXATED IRON and be strong and well and have nice rosy cheeks instead of being so nervous and irritable all the time and looking so haggard and old? The doctor gave some to Susie Smith's mother and she was worse off than you are and now she looks just fine.

"There can be no healthy, beautiful, rosy checked woman without iron," says Dr. Ferdinand King, a New York Physician and Medical Author. "In my recent talks to physicians on the grave and serious consequences of iron deficiency in the blood of American women, I have strongly emphasized more organic iron—Nuxated Iron—for their nervous, run-down, haggard looking women patients. Pallor means anaemia. The skin of the anaemic woman is pale, the flesh flabby. The muscles lack tone, the brain fags and the memory fails and often they become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women, the roses go from their cheeks.

"In the most common foods of America, the starches, sugars, table syrups, candied, polished rice, white bread, soda crackers, biscuits, macaroni, spaghetti, tapioca, sago, farina, degenerated cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods, and silly methods of home cooking, by throwing down the waste pipe the water in which our vegetables are cooked are responsible for another grave iron loss.

"Therefore, if you wish to preserve your youthful vim and vigor to a ripe old age, you must supply the iron deficiency in your food by using some form of organic iron, just as you would use salt when your food has not enough.

"As I have said a hundred times over, organic iron is the greatest of all strength builders. If people would only take Nuxated Iron, when they feel weak or run-down, instead of dosing them-

selves with habit-forming drugs, stimulants and alcoholic beverages, I am convinced that in this way they could ward off disease, preventing it becoming organic in thousands of cases and thereby the lives of thousands might be saved who now die every year from pneumonia, grippe, kidney, liver, heart trouble and other dangerous maladies. The real and true cause which started their disease was nothing more or less than a weakened condition brought on by lack of iron in the blood.

"On account of the peculiar nature of woman, and the great drain placed upon her system at certain periods, she requires iron much more than man to help make up for the loss. "Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it, and as a consequence you become weak, pale and sickly looking, just like a plant trying to grow in a soil deficient in iron. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while double their strength and endurance and entirely rid themselves of all symptoms of dyspepsia, liver and other troubles, in from ten to fourteen days' time simply by taking iron in the proper form. And this, after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate, or tincture of iron simply to save a few cents. The iron demanded by Mother Nature for the red coloring matter in the blood of her children, is also not that kind of iron. You must take iron in a form that can be easily absorbed and assimilated to do you any good, otherwise it may prove worse than useless. I have used Nuxated Iron widely in my own practice in most severe ag-

gravated conditions with unfailing results. I have induced many other physicians to give it a trial all of whom have given me most surprising reports in regard to its great power as a health and strength builder.

"Many an athlete and prize fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray; while many another has gone down in ignominious defeat simply for the lack of iron."

Dr. Schuyler C. Jacques, Visiting Surgeon of St. Elizabeth's Hospital, New York City, said, "I have never before given out any medical information or advice for publication as I ordinarily do not believe in it. But so many American women suffer from iron deficiency with its attendant illness—physical weakness, nervous irritability, melancholy, indigestion, flabbiness, sagging muscles, etc., and in consequence of their weakened run-down condition they are so liable to contract serious and even fatal diseases that I deem it my duty to advise all such to take Nuxated Iron. I have taken myself and given it to my patients with most surprising and satisfactory results. And those who wish quickly to increase their strength, power and endurance will find it a most remarkable and wonderfully effective remedy."

NOTE—Nuxated Iron, which is prescribed and recommended above by physicians in such a great variety of cases, is not a patent medicine or secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy in nearly all forms of indigestion, as well as in nervous, run-down conditions. The manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$1000 to any charitable institution if they cannot take any man or woman under 40 who in four weeks' time, provided they have no serious organic trouble. They also offer to refund you money if it does not at least double your strength and endurance in ten days' time. It is dispensed in the form of five-grain tablets, three times per day after meals, and by all good druggists.—Adv.



You can tell the women with plenty of iron in their blood—beautiful healthy rosy checked women full of Life, Vim and Vitality

Dr. Ferdinand King, New York Physician and Medical Author, tells physicians that they should prescribe more organic iron—Nuxated Iron—for their patients—Says anaemia—iron deficiency—is the greatest curse to the health, strength, vitality and beauty of the modern American Woman.—Sounds warning against use of metallic iron which may injure the teeth, corrode the stomach and do far more harm than good; advises use of only nuxated iron.

Doctor, when you wish to prescribe a true tonic and blood builder, one that puts the real "staying" strength and youthful vigor into the blood and nerves, try Nuxated Iron. If you have been treating patients with the use of metallic iron, again we suggest, or money refunded. It is highly endorsed by such physicians as Dr. Howard James, late of The Manhattan State Hospital of New York; Dr. James Louis Berry, for fifteen years Assistant Professor in the New York Charities of Philadelphia; Dr. A. J. Newman, late Police Surgeon of the City of Chicago, former House Surgeon, Jefferson Park Hospital, Chicago; Dr. Ferdinand King, New York Physician and Medical Author, and others. In most cases physicians direct the use of two five-grain tablets three times per day after meals.

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Bakers Indorsed

COMMISSIONERS OF THE DISTRICT OF COLUMBIA

DEPARTMENT OF INSURANCE

WASHINGTON

June twenty-second

1 2 1 7

Mr. Charles T. Corby,
Washington, D.C.

Dear Mr. Corby:

The District Council of Defense, at its meeting last evening, approved the action of the bakers of Washington in taking steps to stop the returns of unsold bread at the earliest date.

The Council also earnestly hoped that the bakers will next take up a reduction in the varieties and shapes of breads manufactured. This will permit the saving of labor and machinery thus effected being put into increased amount of bread for the same money.

The District Council of Defense greatly appreciates the spirit of cooperation manifested by the bakers of this city.

Very truly yours,

Charles T. Corby

Chairman,
Committee on Food Supply
and Conservation
of the
District Council of Defense.

C.T.C.

Bakers' Appeal:

We trust that we may have a prompt demonstration from the Housewives of Washington of their desire to serve our country in this a grave national necessity.